



Desert Cross Daily Devotion
Week of November 23—November 28, 2020

You are encouraged to gather with the members of your household and join the members and friends of the Desert Cross community; though we be in separate locations, let us worship together at 6pm.

Daily Spiritual Examen

The Daily Examen is a technique of prayerful reflection on the events of the day in order to detect God's presence and discern God's direction for us. The Examen is an ancient practice in the Church that can help us see God's hand at work in our whole experience.

This is the week we celebrate the Day of Thanksgiving as we anticipate the first Sunday of Advent. With so much fear and hatred in our world as we endure the pandemic and political division, let us pray and connect with God day by day, reflecting upon scriptures of thanksgiving and peace.

Come, let us pray.

Monday, November 23, 2020

Read Matthew 6:25-34

²⁵ “Therefore I tell you, do not worry about your life, what you will eat or drink; or about your body, what you will wear. Is not life more than food, and the body more than clothes? ²⁶ Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them. Are you not much more valuable than they? ²⁷ Can any one of you by worrying add a single hour to your life?

²⁸ “And why do you worry about clothes? See how the flowers of the field grow. They do not labor or spin. ²⁹ Yet I tell you that not even Solomon in all his splendor was dressed like one of these. ³⁰ If that is how God clothes the grass of the field, which is here today and tomorrow is thrown into the fire, will he not much more clothe you—you of little faith? ³¹ So do not worry, saying, ‘What shall we eat?’ or ‘What shall we drink?’ or ‘What shall we wear?’ ³² For the pagans run after all these things, and your heavenly Father knows that you need them. ³³ But seek first his kingdom and his righteousness, and all these things will be given to you as well. ³⁴ Therefore do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own.

Daily Spiritual Examen

Gather together! If able, light a candle as a way of asking for God's light as you look over the day . . . Say a prayer that you all know, such as the Lord's Prayer:

Our Father, who art in heaven,
 hallowed be thy name,
 thy kingdom come,
 thy will be done,
 on earth as it is in heaven.
Give us this day our daily bread;
and forgive us our trespasses,
 as we forgive those
 who trespass against us;
and lead us not into temptation,
 but deliver us from evil.
For thine is the kingdom,
 and the power, and the glory,
 forever and ever. Amen.

Examen: Share with each other or think to yourself:

Go through your day: what happened this morning? . . .
What happened at lunch time . . . and in the afternoon? . . .

How was the evening meal? . . .

What else do you remember about today? . . .

What was good about today? . . .

What was difficult about the day? . . .

What are you finding hard about having to stay inside at the moment? Or what is difficult about needing to go out?

Where did you see God in your day?

Ask God for what you need for tomorrow . . .

Pray for anyone who might be feeling lonely or sick at this time . . .

Thank God for this day . . .

Closing: “Glory be to the Father, and to the Son and to the Holy Spirit, as it was in the beginning, is now and ever shall be, world without end. Amen.”

Tuesday, November 24, 2020

Read Luke 17:11-19

Jesus Heals Ten Men With Leprosy

¹¹ Now on his way to Jerusalem, Jesus traveled along the border between Samaria and Galilee. ¹² As he was going into a village, ten men who had leprosy^[b] met him. They stood at a distance ¹³ and called out in a loud voice, “Jesus, Master, have pity on us!”

¹⁴ When he saw them, he said, “Go, show yourselves to the priests.” And as they went, they were cleansed.

¹⁵ One of them, when he saw he was healed, came back, praising God in a loud voice. ¹⁶ He threw himself at Jesus’ feet and thanked him—and he was a Samaritan.

¹⁷ Jesus asked, “Were not all ten cleansed? Where are the other nine? ¹⁸ Has no one returned to give praise to God except this foreigner?” ¹⁹ Then he said to him, “Rise and go; your faith has made you well.”

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Wednesday, November 25, 2020

Read 1 Thessalonians 5:12-28

¹² Now we ask you, brothers and sisters, to acknowledge those who work hard among you, who care for you in the Lord and who admonish you. ¹³ Hold them in the highest regard in love because of their work. Live in peace with each other. ¹⁴ And we urge you, brothers and sisters, warn those who are idle and disruptive, encourage the disheartened, help the weak, be patient with everyone. ¹⁵ Make sure that nobody pays back wrong for wrong, but always strive to do what is good for each other and for everyone else.

¹⁶ Rejoice always, ¹⁷ pray continually, ¹⁸ give thanks in all circumstances; for this is God’s will for you in Christ Jesus.

¹⁹ Do not quench the Spirit. ²⁰ Do not treat prophecies with contempt^{²¹} but test them all; hold on to what is good,^{²²} reject every kind of evil.

²³ May God himself, the God of peace, sanctify you through and through. May your whole spirit, soul and body be kept blameless at the coming of our Lord Jesus Christ. ²⁴ The one who calls you is faithful, and he will do it.

²⁵ Brothers and sisters, pray for us. ²⁶ Greet all God’s people with a holy kiss. ²⁷ I charge you before the Lord to have this letter read to all the brothers and sisters.

²⁸ The grace of our Lord Jesus Christ be with you.

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Thursday, November 26, 2020

Read Philippians 4:4-9

⁴ Rejoice in the Lord always. I will say it again: Rejoice! ⁵ Let your gentleness be evident to all. The Lord is near. ⁶ Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. ⁷ And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

⁸ Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things. ⁹ Whatever you have learned or received or heard from me, or seen in me—put it into practice. And the God of peace will be with you.

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Friday, November 27, 2020

Read Psalm 95:1-3

*Come, let us sing for joy to the Lord;
let us shout aloud to the Rock of our salvation.*

² *Let us come before him with thanksgiving
and extol him with music and song.*

³ *For the Lord is the great God,
the great King above all gods.*

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Saturday, November 28, 2020

Read 1 Corinthians 11:23-25

²³ For I received from the Lord what I also passed on to you: The Lord Jesus, on the night he was betrayed, took bread,²⁴ and when he had given thanks, he broke it and said, "This is my body, which is for you; do this in remembrance of me."²⁵ In the same way, after supper he took the cup, saying, "This cup is the new covenant in my blood; do this, whenever you drink it, in remembrance of me."

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